

**Run of the Mill - 7/8/2006**  
**5000 Meters**

**Results Women**

<b>Name</b>	<b>Age</b>	<b>Time</b>	<b>Mile Pace</b>
1 Lisa Tylor	43	19:25	6:15
2 Brandi McCoy	22	20:13	6:31
3 Laura Moroney	28	20:33	6:37
4 Susie Roley	24	20:36	6:38
5 Stephanie Houck	15	20:38	6:39
6 Marousia Wright	17	21:50	7:02
7 Alison Ponce	15	22:02	7:06
8 Trisha Rasmussen	20	22:05	7:07
9 Jennifer James	21	22:05	7:07
10 Bridget Budbill	22	22:11	7:09
11 Trish Hruby	48	22:17	7:11
12 Allison Graham	18	22:34	7:16
13 Rebekah Eddy	31	22:54	7:23
14 Alison Tubbs	22	23:00	7:24
15 Olivia Garrow	19	23:01	7:25
16 Sharon Bertolli	38	23:06	7:26
17 Ann Taft	48	23:15	7:29
18 Micaela Pelland	20	23:16	7:30
19 Marie Malone	41	23:27	7:33
20 Leni Karr	35	23:28	7:34
21 Shannon Funke	14	23:30	7:34
22 Allison Hruschka	32	23:48	7:40
23 Carlene Michelotti	36	23:54	7:42
24 Kali Paine	16	23:56	7:43
25 Katie Fletcher	33	24:01:00	7:44
26 Nathalie . Klein	15	24:04:00	7:45
27 Jordan Huegli	16	24:10:00	7:47
28 Guinevere Joyce	34	24:12:00	7:48
29 Sarah Henry	18	24:26:00	7:52
30 Rachelle Quaders	31	24:34:00	7:55
31 Melanie Bjornethun	15	24:35:00	7:55
32 Caterina Sandoval	1	24:36:00	7:55
33 Jane Austen White	45	24:39:00	7:56
34 Andrea Sorenson	25	24:40:00	7:57
35 Connie Schwarz	38	24:59:00	8:03
36 Stacia Bjornethun	19	25:04:00	8:04
37 Angela Coccaro	38	25:06:00	8:05
38 Ioanna Grose	28	25:09:00	8:06
39 Lisa Emerling	42	25:12:00	8:07
40 Judy Mccorkle	46	25:18:00	8:09
41 Karley Espinoza	15	25:19:00	8:09
42 Chris Gaul	54	25:54:00	8:21
43 Ciara Rink	14	25:55:00	8:21

44 Jennifer Johnson	36	26:02:00	8:23
45 Debra Warden		26:08:00	8:25
46 Kathy Nishihara	40	26:10:00	8:26
47 Terri Nolan	42	26:19:00	8:29
48 Diane Kennedy	38	26:20:00	8:29
49 Zita Dungan	22	26:23:00	8:30
50 Karen Lovick	55	26:28:00	8:31
51 Victoria Thorson	16	26:30:00	8:32
52 Shoko Natsume	21	26:33:00	8:33
53 Stephanie Ryder	15	26:48:00	8:38
54 Brandice Hatch	33	26:52:00	8:39
55 Shelly Williamson	32	26:52:00	8:39
56 Heidi Bachtel	16	26:53:00	8:39
57 Misha Dacy	31	26:56:00	8:41
58 Maureen Rigby	31	27:01:00	8:42
59 Heather Mullins	16	27:05:00	8:43
60 Amanda Hudson	24	27:09:00	8:45
61 Marianne Iwamoto	53	27:13:00	8:46
62 Kathleen Corrigan	43	27:31:00	8:52
63 Mary Decker	46	27:38:00	8:54
64 Christina Kulhanek	32	27:46:00	8:57
65 Dawn Apacible	36	27:47:00	8:57
66 Lori Radcliffe	45	27:48:00	8:57
67 Susan Johanson	39	27:49:00	8:57
68 Karla Voigt	23	28:00:00	9:01
69 Schabahn Day	31	28:10:00	9:04
70 Morgan Druckman	16	28:10:00	9:04
71 Marissa Baker	12	28:11:00	9:05
72 Lisa Farrell-Roberts	44	28:15:00	9:06
73 Veronica Luckey	15	28:16:00	9:06
74 Kaitlin Rogers	16	28:27:00	9:10
75 Michaela Spradlin	16	28:27:00	9:10
76 Jennifer Harrison	21	28:32:00	9:11
77 Lianne Flynn	36	28:33:00	9:12
78 Andrea Kletke	43	28:41:00	9:14
79 Karen Ombrellaro	38	28:52:00	9:18
80 Dawn Adams	35	28:52:00	9:18
81 Maggie King	33	28:55:00	9:19
82 Donna Michelson	56	28:56:00	9:19
83 Marjorie Webb	56	28:58:00	9:20
84 Amanda Klokstad	34	28:58:00	9:20
85 Tina Ross	44	29:01:00	9:21
86 Shannon Berg	36	29:11:00	9:24
87 Brianne Laird	12	29:13:00	9:24
88 Patty DeGroot	56	29:19:00	9:27
89 Debbie Stave	51	29:20:00	9:27
90 Julia Mattson	19	29:20:00	9:27
91 Terry Thurber Zirn	57	29:23:00	9:28
92 Wendy Koch	38	29:24:00	9:28
93 Elaine Brencic	51	29:25:00	9:28
94 Jessica Le	15	29:30:00	9:30

95 Kaylani Barbeau	15	29:30:00	9:30
96 Lynette Brown	31	29:31:00	9:30
97 April Dickinson	42	29:33:00	9:31
98 Carol Keller	52	29:37:00	9:32
99 Jennifer Grover	20	29:37:00	9:32
100 Courtney Olson	23	29:37:00	9:32
101 Christine Soler	40	29:41:00	9:34
102 Julie Meyer	45	29:44:00	9:35
103 Jennifer Ring	45	29:54:00	9:38
104 Amber Pleasant		30:01:00	9:40
105 Emily . Rogers	18	30:02:00	9:40
106 Katharine Liang	21	30:09:00	9:43
107 Rosana Tran	15	30:13:00	9:44
108 Judi Biritz	41	30:15:00	9:44
109 Lisa Smith	38	30:23:00	9:47
110 Lisa Gluth	31	30:28:00	9:49
111 Kathy VanHorn	46	30:49:00	9:56
112 Erin Beezhold	10	30:50:00	9:56
113 Maureen Krieger	41	31:10:00	10:02
114 Julie Houghton	23	31:14:00	10:03
115 Sue Goans	43	31:17:00	10:05
116 Salli Smith	47	31:39:00	10:11
117 Melissa Turk	34	31:40:00	10:12
118 Angela Maddox	32	31:45:00	10:13
119 Amy Sept	22	31:55:00	10:17
120 Jeanine Hughes	32	32:11:00	10:22
121 Molly Adolfson	53	32:12:00	10:22
122 Suzanne Armand		32:12:00	10:22
123 Kate Henderson	34	32:13:00	10:22
124 Katie Skaggs	21	32:17:00	10:24
125 Andrea Stein	31	32:19:00	10:25
126 Sandra Seery	32	32:25:00	10:26
127 Jessica Frazer	31	32:43:00	10:32
128 Samantha Northrop	10	33:00:00	10:38
129 Taylor Hutchens	14	33:03:00	10:39
130 Meg Barnes	60	33:06:00	10:40
131 Rachel Hamack	29	33:11:00	10:41
132 Deri Ford	30	33:12:00	10:41
133 Kristi Garat	35	33:41:00	10:51
134 Shelley Buckholtz	33	33:42:00	10:51
135 Melissa Jacobs	27	33:47:00	10:53
136 Tawni Torrey	14	33:53:00	10:55
137 Kiki Harestad	14	34:00:00	10:57
138 Cheryl McGuire	53	34:02:00	10:58
139 Charlotte Hobbs	26	34:03:00	10:58
140 Jennifer Barnes	41	34:14:00	11:01
141 Kirsten Judd	34	34:16:00	11:02
142 Julie Pfohl	35	34:16:00	11:02
143 Adina Segal	24	34:31:00	11:07
144 Jan Stone	57	34:32:00	11:07
145 Judi Martin	65	34:42:00	11:11

146	Lindsey Boldrin	26	35:03:00	11:17
147	Shelley Tsaltas	36	35:13:00	11:21
148	Theresa Trinka		35:15:00	11:21
149	Julie Wanner	39	35:34:00	11:27
150	Leslie Mathews	56	35:35:00	11:28
151	Laurie Dahms	50	35:47:00	11:32
152	Ashley Hansen	11	35:56:00	11:34
153	Allison Beezhold	10	36:08:00	11:38
154	Alessandra Serafini	2	36:09:00	11:39
155	Himani Singh	21	36:35:00	11:47
156	Rosalie Corrigan	13	36:36:00	11:47
157	Elizabeth Elwood	33	36:37:00	11:48
158	Dalrene Smith	55	36:42:00	11:49
159	Annalise Boon	8	36:45:00	11:50
160	Angela Druckman	43	36:57:00	11:54
161	Zoe Curry	12	37:56:00	12:13
162	Jennifer Kim	22	38:01:00	12:15
163	Susan Wilson	39	38:22:00	12:21
164	Karen Wirkkala	51	39:13:00	12:38
165	Joan Horn	45	39:40:00	12:47
166	Rhonda Laird	40	39:54:00	12:51
167	Shannon Wiese	14	39:54:00	12:51
168	Allison Corrigan	11	40:10:00	12:56
169	Shallon Tagg	41	40:10:00	12:56
170	Daryia Tagg	8	40:39:00	13:06
171	Erin Wiese	12	40:43:00	13:07
172	Danae Beyer	9	40:43:00	13:07
173	Edie Beyer	40	41:16:00	13:17
174	Catherine Rigby	11	41:48:00	13:28
175	Kaarin Sharman	36	42:27:00	13:40
176	Hayley Gjersten	12	42:30:00	13:41
177	Erika Gjersten	15	42:38:00	13:44
178	Monica Larson	59	42:39:00	13:44
179	Candace Gjersten	47	42:40:00	13:44
180	Lauren Schilaty	18	42:45:00	13:46
181	Bekah Reid	19	42:46:00	13:46
182	Ashleh Funke	12	42:47:00	13:47
183	Victoria Funke	11	42:47:00	13:47
184	Selma Bonham	80	42:50:00	13:48
185	Sierra Bonham	10	42:51:00	13:48
186	Lee Gresko	59	42:51:00	13:48
187	Karen Tarr	46	42:52:00	13:48
188	Tia Harestad	12	42:55:00	13:49
189	Lauri Ryder	41	43:36:00	14:02
190	Sarai Hope	27	43:36:00	14:02
191	Joni Beezhold	42	45:18:00	14:35
192	Vicki Boon	43	45:18:00	14:35
193	Jennifer Hyman	10	45:21:00	14:36
194	Stephanie Atkinson	31	45:40:00	14:42
195	Megan Paish	6	45:42:00	14:43
196	Susan Paish	41	45:42:00	14:43

197 Kelly Araneda	30	46:03:00	14:50
198 Regina Mack	40	46:03:00	14:50
199 Michie Pieper	36	46:17:00	14:54
200 Miranda Stowell	9	46:18:00	14:55
201 Morgan Fitchlee	12	46:33:00	14:59
202 Samantha Stowell	9	46:35:00	15:00
203 Lori Stowell	43	46:36:00	15:00
204 Meg Reinikka	13	46:37:00	15:01
205 Sarah Arpin	11	46:39:00	15:01
206 Alina Hamstad		46:40:00	15:02
207 Cassie Ostrander	46	46:40:00	15:02
208 Donna Ferrill	61	48:21:00	15:34
209 Susan Mike	60	48:32:00	15:38
210 Rebecca Emerson	37	48:33:00	15:38
211 Mindy Ferrill	33	48:33:00	15:38
212 Carole Dunnigan	58	48:55:00	15:45
213 Charlene Bender	54	49:20:00	15:53
214 Bev Baumgartner	71	49:22:00	15:54
215 Dee Schimmel	70	49:23:00	15:54
216 Katie Claghorn	22	49:24:00	15:55
217 Wendy Hutchens	45	49:25:00	15:55
218 Judy Danies	45	49:49:00	16:03
219 Judy Morrier	61	49:49:00	16:03
220 Michelle Tompkins	57	52:08:00	16:47
221 Natalie Hilliard	30	53:41:00	17:17
222 Shelly Henderson	37	54:02:00	17:24
223 Patricia Erwen	60	56:21:00	18:09
224 Kendall Havens	9	56:22:00	18:09
225 Chiara Serafini	5	63:52:00	20:34
226 Elizabeth Stewart	42	63:52:00	20:34

## Results - Men

1 Mike Sayenko	22	15:52	5:07
2 Kelly Spady	19	15:52	5:07
3 Dak Riek	18	16:10	5:12
4 Kevin Peters	22	16:10	5:13
5 Julian-Blake Cowan	16	16:32	5:20
6 Colby Titland	33	16:51	5:26
7 Corey Cronkhite	18	17:09	5:32
8 Casey Cheever	18	17:19	5:35
9 Dan Moroney	28	17:36	5:40
10 Diesel Ironheart	20	17:41	5:42
11 Burr Johnson	30	17:43	5:42
12 Carl Moe	22	17:43	5:43
13 Chris Ahl	19	17:44	5:43
14 Caleb Knox	20	17:46	5:44
15 James Wilson	20	17:48	5:44
16 Ace Hollywood	21	17:48	5:44

17 Jon Hickey	22	17:50	5:45
18 Michael Manning	17	17:51	5:45
19 Jordan Butler	17	17:55	5:46
20 Tyler Nilsen	19	18:00	5:48
21 Bryan Cless	24	18:02	5:49
22 David Ojala	17	18:10	5:51
23 Shelby Schenck	38	18:24	5:56
24 Jordan Lance	17	18:27	5:57
25 Jonathan Quackenbush	20	18:44	6:02
26 Jason Rexing	16	18:47	6:03
27 Kevin Decker	16	18:53	6:05
28 Ben Lance	15	18:54	6:05
29 Kalani Scott	54	18:55	6:06
30 Tyler Dunlap	15	18:57	6:06
31 Jimmy Rogers	16	18:58	6:07
32 Michell Briggs	14	18:59	6:07
33 David Buckholtz	34	18:59	6:07
34 David Eddy	40	19:00	6:07
35 Ian McLeod	15	19:02	6:08
36 Jim Hansen	54	19:04	6:08
37 Scott Wray	44	19:07	6:09
38 Sean Conway	15	19:11	6:11
39 Kyle Tylor	15	19:13	6:12
40 Chris Wirkkala	39	19:18	6:13
41 Jeremy Nunn	31	19:19	6:13
42 Jack Pearce	10	19:20	6:14
43 Christopher LeBlanc	37	19:31	6:17
44 Tom Heneghan	19	19:34	6:18
45 Shane Hyde	28	19:41	6:20
46 Jonathan Stapleton	34	19:44	6:21
47 Tim Oguri	56	19:45	6:22
48 Ethan Garrison	14	19:50	6:23
49 Mike Cote	34	19:50	6:23
50 Andrew Smith	27	19:53	6:24
51 Garrett Ochs	16	19:59	6:26
52 Shawn Bussert	29	20:03	6:27
53 Chris Coleman	16	20:07	6:29
54 Connor McMahon	16	20:10	6:30
55 Carlos Apacible	34	20:11	6:30
56 Dan Contreras	32	20:19	6:33
57 Reece Lumsden	31	20:22	6:34
58 Donald Uchiyama	44	20:23	6:34
59 Kevin Graham	16	20:27	6:35
60 Mitch Rasoumoff	41	20:31	6:36
61 Jason Steer	35	20:32	6:37
62 Andre O'Donnell	28	20:34	6:37
63 Bradley Bolin	40	20:34	6:38
64 Ryan McKnight	33	20:48	6:42
65 Chris Anderson	31	20:48	6:42
66 Michael Turk	33	20:53	6:44
67 Joshua Narode	35	20:57	6:45

68	Richard Meyer	54	21:05	6:47
69	Jake Collins	54	21:05	6:47
70	Andrew Melton	22	21:07	6:48
71	Nathan Douville	18	21:09	6:49
72	Dayton Wiseman	16	21:09	6:49
73	Cliff Choplin	22	21:09	6:49
74	Wayne Goodman	50	21:21	6:53
75	Matej Urban	16	21:23	6:53
76	Scott Houck	21	21:28	6:55
77	Nathan Rieger	16	21:28	6:55
78	Anthony Coccaro	12	21:30	6:56
79	Ricks Polk	49	21:35	6:57
80	Steve Wangen	38	21:38	6:58
81	Mark Stocker	48	21:39	6:58
82	Philip Paschke	52	21:50	7:02
83	James Housley	50	21:54	7:03
84	Jaimeson Jones	16	21:59	7:05
85	Jay Clark	42	22:06	7:07
86	Kevin Corrigan	47	22:07	7:08
87	Chris Knakal	14	22:08	7:08
88	Arthur Nelson	15	22:10	7:08
89	Clark Ubben	20	22:12	7:09
90	Eric Nordstrom	38	22:12	7:09
91	Darrel Lee	49	22:20	7:12
92	Ralph Druckman	49	22:22	7:12
93	Mike Johnson	52	22:24	7:13
94	Michael Davis	30	22:36	7:17
95	Darek Radtke	36	22:37	7:17
96	Kyle Baeder	19	22:38	7:17
97	Carl Kaiser	50	22:39	7:18
98	Jerry Wirkkala	47	22:46	7:20
99	German Rangle	42	22:47	7:20
100	Tom Pearce	44	22:48	7:20
101	John Hitt	31	22:51	7:22
102	Jonathon Nelson	17	23:01	7:25
103	Jonathon Ricaurte	18	23:09	7:27
104	Dirk Van Nederveen	44	23:14	7:29
105	Thomas Rogers	14	23:26	7:33
106	James Hyman	13	23:41	7:38
107	Daniel Araneda	30	23:47	7:40
108	Robert Miyamoto	54	23:49	7:40
109	Bill Decker	50	23:52	7:41
110	John Seger	37	23:56	7:43
111	Llewellyn Lopez	34	24:14:00	7:48
112	Jeff Biberston	24	24:19:00	7:50
113	Edward Johnson	38	24:25:00	7:52
114	Jeff Sondermeyer	43	24:29:00	7:53
115	Andy Jaeger	19	24:32:00	7:54
116	Tim Garrison	54	24:40:00	7:57
117	Tom Reiva	61	24:43:00	7:58
118	Tony Cittadini	33	24:51:00	8:00

119	Matthew Paulhus	17	24:52:00	8:00
120	Jacb Ott	11	25:08:00	8:06
121	Roger Black	50	25:09:00	8:06
122	Thom Miller	37	25:10:00	8:06
123	Derrick Smith	16	25:14:00	8:08
124	Ben Ford	21	25:15:00	8:08
125	Tony Jaeger	14	25:17:00	8:09
126	Caleb Lance	11	25:19:00	8:09
127	Evan Whitfield	35	25:20:00	8:09
128	Mark Mandi	23	25:23:00	8:11
129	Matt Owen	22	25:24:00	8:11
130	George Nicol	55	25:24:00	8:11
131	Chris Funke	44	25:39:00	8:16
132	Steve Kohlmyer	39	25:48:00	8:19
133	Scott Radcliffe	48	25:59:00	8:22
134	Warren Lance	45	26:07:00	8:25
135	Michael Orlando	38	26:10:00	8:26
136	Derek Miller	14	26:11:00	8:26
137	Kyle Malone	9	26:11:00	8:26
138	Jake Orlando	15	26:20:00	8:29
139	Chris Butler	31	26:21:00	8:29
140	Marc Georgeadis	41	26:37:00	8:34
141	Justin Emch	26	26:47:00	8:37
142	Jack Jones	57	26:53:00	8:40
143	Bill Trimm	59	26:53:00	8:40
144	Anthony Eayrs	44	26:54:00	8:40
145	Jim Mead		26:55:00	8:40
146	Mike Facer		27:06:00	8:44
147	Mark Mullins	48	27:15:00	8:47
148	Brad Cummins	39	27:19:00	8:48
149	Doug Oda	42	27:25:00	8:50
150	Joey Koch	10	27:28:00	8:51
151	Marty Gisler	48	27:35:00	8:53
152	Sterling Allen	30	27:39:00	8:54
153	Don Heid	39	27:48:00	8:57
154	Brian Day	30	27:49:00	8:58
155	David Olling	46	27:55:00	8:59
156	Robert Brencic	12	28:00:00	9:01
157	Kyle Cornett	11	28:00:00	9:01
158	Sean Finlayson	29	28:01:00	9:01
159	Scott Terry	60	28:08:00	9:04
160	John Kennedy	40	28:09:00	9:04
161	Ryan Druckman	14	28:11:00	9:05
162	Slappy White	32	28:23:00	9:08
163	David Bloxom	47	28:28:00	9:10
164	Ken Stone	57	28:35:00	9:12
165	William DeGrootd	62	28:41:00	9:14
166	Ryan Meno	32	28:43:00	9:15
167	Don Meno	56	28:44:00	9:15
168	Jonathon Resnick	45	28:51:00	9:18
169	Gaby Matie	51	28:54:00	9:18

170	Arun Singh	18	28:57:00	9:19
171	Ralph Riddick	74	29:08:00	9:23
172	Alec Northrop	12	29:12:00	9:24
173	Jerry Marshall	58	29:47:00	9:36
174	Sinag Fletcher	15	29:59:00	9:39
175	Amber Pleasant		30:01:00	9:40
176	Andrew Liang	18	30:02:00	9:40
177	Sean Dunnigan	35	30:12:00	9:44
178	Brianna Hooks	25	30:20:00	9:46
179	Mike Hope	30	30:24:00	9:48
180	Bill Martin	30	30:33:00	9:50
181	Jordan Elbaum	37	30:43:00	9:53
182	Jim Davidson	63	30:43:00	9:54
183	Rey Yap	47	30:44:00	9:54
184	Jay Shubert	16	30:58:00	9:58
185	Chris Fuhrmann	27	31:14:00	10:03
186	David Mills	61	31:27:00	10:08
187	Matthew Vandal	56	31:31:00	10:09
188	Jeff Frazer	46	31:49:00	10:15
189	Caleb Doughty	22	32:17:00	10:24
190	Anthony Walter	11	33:02:00	10:38
191	Tony Walter	43	33:07:00	10:40
192	Lynn Horn	46	33:27:00	10:46
193	Fred Freeman	77	33:29:00	10:47
194	Jeff Sr. Luckey	49	33:29:00	10:47
195	Russ Tarleton	52	34:01:00	10:57
196	Verne Mealy	72	34:09:00	11:00
197	John Barnes	42	34:15:00	11:02
198	Marv Kvamme	53	36:00:00	11:36
199	Andrew Serafini	41	36:26:00	11:44
200	Todd Segal	25	36:29:00	11:45
201	Emily Billik	1	36:46:00	11:51
202	Joe Billik	44	36:52:00	11:52
203	John Smythe	61	39:27:00	12:42
204	Lance Paish	39	39:42:00	12:47
205	Luke Paish	6	39:52:00	12:50
206	Brendan Laird	10	39:52:00	12:50
207	Ed Gaylord	62	41:48:00	13:28
208	Curtis Rigby	37	42:27:00	13:40
209	Douglas Bonham	49	42:50:00	13:48
210	John Hyman	46	45:23:00	14:37
211	Zachary Paish	8	45:23:00	14:37
212	Bill Dunnigan	61	48:34:00	15:38
213	Bob Trutmau	48	48:55:00	15:45
214	Steve Henry	22	49:23:00	15:54
215	Roelif Laughlin	83	52:35:00	16:56
216	Stephan Hilliard	29	53:42:00	17:18
217	David Shaw	52	54:04:00	17:25
218	Andrew Henderson	39	54:08:00	17:26
219	Tristan Beyer	43	55:29:00	17:52
220	Jeff Beyer	43	55:29:00	17:52